

Therapist Job Description

The Child First Mental Health and Developmental Clinician partners with a Family Resource Partner to engage families who are referred to the Child First home-based intervention. Child First's primary goal is to strengthen the caregiver-child relationship so that it serves both as a protective buffer to unavoidable stress and directly facilitates the child's emotional, language, and cognitive growth. The Clinician uses trauma-informed CPP, a relationship-based, dyadic, parent-child treatment model, which focuses on the primary attachment relationships of the young child. The Clinician engages with both the caregiver and child in a supportive, reflective, and exploratory manner, which fosters a protective, nurturing, and responsive parent-child relationship. The Clinician's therapeutic intervention focuses on: 1) helping caregivers understand typical developmental challenges and expectations; 2) increasing caregivers' ability to reflect on the meaning and feelings motivating a child's behavior; 3) supporting caregivers' problem solving; and 4) helping caregivers understand the psychodynamic relationship between parental feelings, history, and the caregiver response to the child.

Requirements: Licensed or Provisionally licensed (ex: LCSW, LCSW-A, Psychologist, LPA, NPC, HSP-PA, LPC, LMFT)

Please note: *LCAS do not qualify for this position*

Key Job Responsibilities

- Engage with the Child First family and the Family Resource Partner in the collaborative family assessment process (i.e., gather information from interviews, observations of interactions and play, review records, collateral sources, and standardized measures).
- Use all available information to develop a thoughtful, well-integrated clinical formulation and Child and Family Plan of Care, in partnership with the Family Resource Partner and family.
- Provide Child First home-based psychotherapeutic intervention with young children and their caregivers using relational, dyadic psychotherapy (CPP) and other modalities.
- Help the caregiver gain insight regarding personal history (including trauma history), feelings for the child, and current parenting practices.
- Avert crisis situations by assisting the family in times of urgent need (e.g., risk of harm to child or caregiver, pending child removal), in consultation with the Family Resource Partner and Clinical Director.
- Embrace use of videotaping to enhance both therapeutic work with families and reflective supervision.
- Engage in weekly individual, Team, and group reflective clinical supervision with Clinical Director.
- Engage actively in all aspects of the Child First Learning Collaborative, including in-person trainings, distance learning curriculum, and specialty trainings.
- Keep all appropriate documentation for clinical accountability and reimbursement.
- Participate in other clinical and administrative activities as appropriate