

CHARLOTTE HUNGERFORD HOSPITAL

Child First Clinician Job Description

POSITION SUMMARY/PURPOSE

Child First is a model home-based early childhood intervention, embedded in a system of care, that works to decrease the incidence of serious emotional disturbance, developmental and learning problems, and abuse and neglect among the most vulnerable young children and families. The Child First Clinician will provide intensive, home-based, caregiver-child psychotherapy with families with multiple challenges, as part of a team with a Child First Care Coordinator. This will include comprehensive assessment of child and family strengths and needs and development of a comprehensive, coordinated family-driven Child and Family Plan of Care. S/he will also provide child specific mental health consultation in early care and/or educational sites, as appropriate, and collaboration with all other service providers working with the family.

ESSENTIAL FUNCTIONS

- 1) Engage with the Child First family and the Care Coordinator in the collaborative family assessment process (i.e., gather information from interviews, observations of interactions and play, reviewed records, collateral sources, and standardized measures).
- 2) Provide Child First intensive, home-based mental health intervention with young children and their parents using relational, parent-child, dyadic psychotherapy and other modalities.
- 3) Use video to document aspects of the Child First intervention both as a therapeutic modality and to enhance the process of reflective supervision.
- 4) Help the caregiver gain insight regarding personal history (including trauma history), feelings for the child, and current parenting practices.
- 5) Provide mental health and developmental assessment and consultation within early care and education and kindergarten.
- 6) Work flexible hours to meet the needs of families, at least one evening.
- 7) Develop comprehensive, well-coordinated, family-driven Child and Family Plan of Care, in partnership with the Care Coordinator, the family, and chosen service providers.
- 8) Participate in Child First weekly, individual, team, and group clinical reflective supervision.
- 9) Keep all appropriate documentation for clinical accountability and reimbursement.
- 10) Submit all necessary documentation for reimbursement for services in a timely manner.
- 11) Avert crisis situations by assisting the family in times of urgent need (e.g., risk of harm to child or caregiver, pending child removal), in consultation with the Care Coordinator and Clinical Director.
- 12) Participate in other clinical and administrative activities as appropriate.
- 13) Work under the direct supervision of Child FIRST Clinical Director.
- 14) Engage actively in all aspects of the Child First Learning Collaborative, including in-person trainings, distance learning curriculum, and specialty trainings.
- 15) Displays and upholds CHH/HHC core values of Caring, Safety, Excellence, and Integrity.

JOB KNOWLEDGE, SKILL REQUIREMENTS, AND DESIRED ATTRIBUTES

- Strong commitment to the vision, mission, and goals of Child First.

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- Nurturing, flexible, and self-reflective.
- Self-motivated, eager learner
- Highly organized, flexible, and able to work as part of a team.
- Excellent oral, written, and computer skills, especially Word and Excel, and use of Electronic Health Records.

EDUCATION

Licensed/licensable mental health provider (LCSW, LMFT, LPC, LMSW, and other)

EXPERIENCE

- Knowledge of relationship-based, psychodynamic intervention and early child development; parent-child relationships and attachment theory; effects of trauma and environmental risks on early childhood brain development, especially violence exposure, maternal depression, and substance abuse; and community-level risk factors (e.g., poverty, homelessness).
- Ability to speak a second language (Spanish), highly valued.
- Experience working psychotherapeutically with children and families, including parent-child therapeutic work and play therapy with very young children (0-5 years), for a minimum of three years.
- Experience providing mental health assessment and consultation to early care and education providers.
- Experience working with adults with mental health and cognitive challenges.
- Knowledge and experience working with diverse cultures and ethnicities.
- Experience providing intervention within home and community settings.

PHYSICAL JOB DEMANDS

Clinical					
Physical Requirements:					
	Number of Hours				
	None	1 – 2 Hours	2 – 4 Hours	4 – 6 Hours	6 – 8 Hours
Stand/Walk			X		
Sit				X	
Drive		X			
Bend/Squat		X			
Push/Pull		X			
Lift/Carry		X			
Climb		X			
Reach		X			
Twist		X			
Crawl					
Repetitive use of hand(s)				X	
Repetitive use of foot/feet				X	
Weight/Force Requirements:					
	Frequency				
	Never	Rarely	Occasional	Frequent	Continual

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		5% or less	6-33%	34-66%	67-100%
0-10 lbs			X		
10-25 lbs			X		
25-50 lbs	X				
50-100 lbs	X				
Greater than 100 lbs	X				
Potential Exposure To:					
	Yes	No			
Blood/Body Fluids	X				
Heat/Cold	X				
Chemicals	X				
Noise		X			
Sensory Requirements:					
	Yes		No		
Normal/Corrected for Close Vision (20 inches or less)	X				
Normal/Corrected for Distance Vision (20 feet or more)	X				
Color Vision	X				
Ability to hear alarms, patient voices, instructions, etc.	X				

To apply for this position please go to <https://hartfordhealthcare.org/health-professionals/for-job-seekers>